



April 2021

Tehama County 4-H
In the Clover News

Look who's in the SPOTLIGHT



Spread the Love Valentines Day Project

In honor of Valentine's Day, members of the Antelope 4-H Group formed the Spread The Love Committee. This committee made up of 4-H members, made and delivered 227 Valentine's Day Cards to some of the Assisted Living and Care Facilities in Red Bluff on Friday, February 12th. Along with the cards for the residence, a basket full of locally made Goat Soap and personalized Valentine's Day towels were also delivered.

Kilee Birt took on this project as chairman and promoted the project amongst her 4-H group. She then put in every 227 cards a Valentine's Crossword Puzzle for the residence to be able to enjoy. Kilee is 4 year member of the Antelope 4-H group. Her main 4-H project is sheep. When she is not working with her 4-H project lambs, she enjoys riding horses and helping out on their family ranch.

The Spread The Love Committee goes in line with one of the missions of 4-H by providing community service and giving back to the community that supports them throughout the year.



Pictured is Kilee Birt (project chairman) and Luke Dodd

Tehama County 4-H Program
1754 Walnut Street
Red Bluff, CA 96080

(530) 527-3101
FAX (530) 527-0917


website: cethama.ucanr.edu

Nate Caeton
4-H Youth Development Advisor
Nate

Erin Paradis
4-H Program Educator
Erin

Mission—The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

Office Hours
8AM-5PM
Monday through Friday

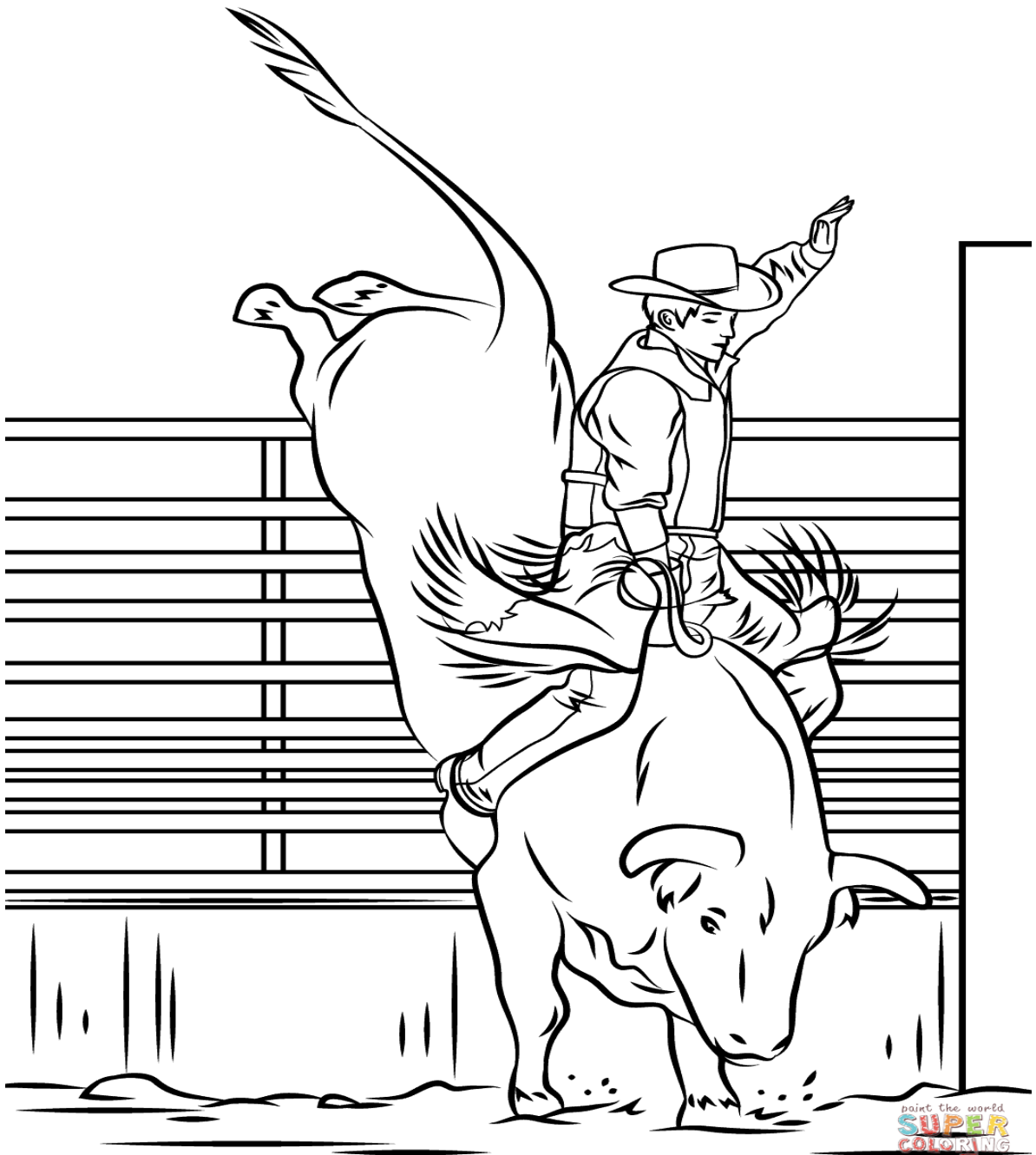


April

*Except Holidays listed on back page

**UC Cooperative Extension
Tehama County**

4-H Fun Activity! 100 Years of Ridin' Wild



April is a big month for Tehama County because its RODEO. This year is special too, it's the 100th year of Rodeo in Red Bluff!

For a little rodeo fun, color the image above and turn in to the 4-H office either in person, email (jmoylear@ucdavis.edu) or mail in, 1754 Walnut St. in Red Bluff, CA 96080.

We will be making this a contest and you will have until April 16th to turn in with your name on it as well. Someone in the 4-H office will be picking the winner and the winner will receive a prize!

4-H Leaders Council Updates



Tehama County Leaders Council meets monthly to discuss, plan and evaluate county programs, budget and events. Meetings are the 4th Tuesday of the month from September through June, at 6:30 at the Tehama County Department of Education at 1135 Lincoln Street in Red Bluff. Currently Council meetings are being held virtually through zoom conferencing, until the COVID guidance restrictions are lifted. Council meetings are open for all 4-H leaders, members and parents. This is a great time to express your thoughts on any countywide program and event. All 4-H appointed adult volunteers and 4-H member's (14 years and older) are voting members and are invited to attend monthly council meetings. Election of council officers are held annually at the Leaders Council meeting in June. All 4-H appointed adult volunteers are invited to hold an office; some offices are open to teen 4-H members.

COUNCIL CORNER

Join the meeting with Zoom Conferencing at:
<https://ucanr.zoom.us/j/99352507624?pwd=L0FST1pDNTlQSV11NkRMZVoyNTJVVUT09>

Date of next meeting:
April 20 @ 6:30 PM
 Agendas available online

- Agenda to include:
- ◆ **County Event Reports**
 - ◆ **Budget/Fundraising**
 - ◆ **Program Updates**
 - ◆ **And more!**

All 4-H appointed adult volunteers & 4-H members (14 years and older) are voting members and invited to attend the monthly council meetings.

Leaders Council Representation

To achieve "Club in Good Standing" status and earn a green seal, clubs must have a representative regularly attend meetings of the Tehama County 4-H Leader's Council

Attendance	S	O	N	D	J	F	M	A	M	J
Antelope	X	X	X	X	X	X	X			
Bend Jelly	X	X	X		X	X	X			
Bowman	X	X	X	X	X	X	X			
Corning	X	X	x	X	X	X	X			
El Camino	X	X	X	X	X		X			
Flournoy/Paskenta	X	X	X	X		X	X			
Lassen Colony	X	X	X	X	X	X	X			
Los Molinos	X	X	X	X	X	X	X			
Manton	X	X	X	X	X		X			
Olive	X	X	X	X	X	X	X			
Westside	X	X	X		X	X	X			

Notes from Council President - Marsha Wilson.....

I am very excited for there to be a fair this year and that more events are happening!



Livestock Show Results!



Announcements

Dairy Cattle Showmanship

Class 1

1st– Aaron Flood (Bowman)

Class 2

1st– Aiden Flood (Bowman)
2nd– Beverly Wilson (Olive)
3rd– Ronan Skelton (Lassen Colony)

Class 3

1st– Austin Flood (Bowman)

Dairy Cattle Breeding

Class 4

1st– Aaron Flood (Bowman)

Class 5

1st– Ronan Skelton (Lassen Colony)
2nd– Beverly Wilson (Olive)

Class 6

1st– Austin Flood (Bowman)
2nd– Aiden Flood (Bowman)

Overall Breeding Champion

Austin Flood (Bowman)

Beef Cattle Showmanship

Class 1

1st– Samuel Suftin (Corning)

Class 2

1st– Aiden Flood (Bowman)
2nd– Eli Suftin (Corning)

Class 3

1st– Daniel Suftin (Corning)
2nd– Holley Lindeman (Westside)

Beef Prospect

Break 1

1st– Holley Lindeman (Westside)
2nd– Aiden Flood (Bowman)

Break 2

1st– Daniel Suftin (Corning)
2nd– Aiden Flood (Bowman)

Break 3

1st– Samuel Suftin (Corning)
2nd– Samuel Suftin (Corning)
3rd– Eli Suftin (Corning)

Overall Prospect Champion

Daniel Suftin (Corning)

Swine Showmanship

Class 2

1st– Aubree Fox (Corning)
2nd– Kayden Lyon (Olive)
3rd– Ronan Skelton (Lassen Colony)

Swine Breeding

Class 4

1st– Aubree Fox (Corning)
2nd– Kayden Lyon (Olive)
3rd– Ronan Skelton (Lassen Colony)

Overall Breeding Champion

Aubree Fox (Corning)

Swine Prospect

Break 1

1st– Kayden Lyon (Olive)
2nd– Kayden Lyon (Olive)

Break 2

1st– Aubree Fox (Corning)
2nd– Aubree Fox (Corning)
3rd– Ronan Skelton (Lassen Colony)

Overall Prospect Champion

Kayden Lyon (Olive)

Meat Goat Showmanship

Class 1

1st– Caden Williams (Westside)

Class 2

1st– Brayden Brown (Antelope)
2nd– Christopher Williams (Westside)

Class 3

1st– Mackenzie Banks (Antelope)

Meat Goat Breeding

Class 4

1st– Mackenzie Banks (Antelope)

Overall Breeding Champion

Mackenzie Banks (Antelope)

Meat Goat Prospect

Class 9

1st– Christopher Williams (Westside)
2nd– Brayden Brown (Antelope)
3rd– Caden Williams (Westside)

Overall Prospect Champion

Christopher Williams (Westside)



Livestock Show Results!

Dairy Goat Showmanship

Class 1

Zoey Lyon (Lassen Colony)
Lilliana Shipley (Westside)

Class 2

1st- Lily Novak (Lassen Colony)

Class 3

1st- Josie Parks (Westside)
2nd- Beverly Wilson (Olive)
3rd- Isabella Shipley (Westside)
4th- Aubrey Iwen (Bowman)

Class 4

1st- Sofie Parks (Westside)

Dairy Goat Breeding

Class 5

1st- Sofie Parks (Westside)
2nd- Josie Parks (Westside)

Class 7

1st- Josie Parks (Westside)
2nd- Lily Novak (Lassen Colony)
3rd- Beverly Wilson (Olive)
4th- Josie Parks (Westside)
5th- Aubrey Iwen (Bowman)

Class 8

1st- Isabella Shipley (Westside)

Class 9

1st- Josie Parks (Westside)
2nd- Beverly Wilson (Olive)

Class 10

1st- Sofie Parks (Westside)

Class 11

1st- Sofie Parks (Westside)
2nd- Beverly Wilson (Olive)

Overall Breeding Champion

Sofie Parks (Westside)

Sheep Showmanship

Class 1

1st- Trevor Iwen (Bowman)
2nd- Avere Fox (Corning)
3rd- Royce Rulon (Bowman)
4th- Aaron Flood (Bowman)

Class 2

1st- Derek Rulon (Bowman)
2nd- Beverly Wilson (Olive)
3rd- Natalee Ross (Bowman)
4th- Amber Ruff (Antelope)
5th- Aubrey Iwen (Bowman)
6th- Austin Mangram (Bowman)

Sheep Showmanship Continued

Class 3

1st- Emalee Ross (Bowman)
2nd- Mackenzie Banks (Antelope)

Sheep Breeding

Class 4

1st- Aaron Flood (Bowman)
2nd- Royce Rulon (Bowman)
3rd- Amber Ruff (Antelope)
4th- Derek Rulon (Bowman)

Class 5

1st- Beverly Wilson (Olive)

Class 6

1st- Beverly Wilson (Olive)

Class 7

1st- Beverly Wilson (Olive)

Class 8

1st- Derek Rulon (Bowman)

Overall Breeding Champion

Beverly Wilson (Olive)

Sheep Prospect

Break 1

1st- Emalee Ross (Bowman)
2nd- Derek Rulon (Bowman)
3rd- Royce Rulon (Bowman)
4th- Royce Rulon (Bowman)

Break 2

1st- Trevor Iwen (Bowman)
2nd- Mackenzie Banks (Antelope)
3rd- Beverly Wilson (Olive)
4th- Aubrey Iwen (Bowman)
5th- Aaron Flood (Bowman)

Break 3

1st- Amber Ruff (Antelope)
2nd- Derek Rulon (Bowman)
3rd- Natalee Ross (Bowman)
4th- Beverly Wilson (Olive)
5th- Austin Mangram (Bowman)

Overall Prospect Champion

Trevor Iwen (Bowman)





Tehama County 4-H Club News



Tehama County 4-H Clubs

CLUBS	CLUB LEADER
ANTELOPE 4-H	Kevin Rosser, 360-2420 ksrosser@att.net
BEND JELLY 4-H	Debbie Spangler 354-4530 dspangler414@gmail.com
BOWMAN 4-H	Vicky Woolley, 347-3591 vickycottonwood@gmail.com
CORNING 4-H	Jessica Fox, 526-3345 jfox1014@att.net
EL CAMINOS 4-H	Melissa Gilardi, 518-2312 melissagilardi@gmail.com
FLOURNOY/PASKENTA 4-H	Brandy Hill, 681-5796 4hmomfp@gmail.com
LASSEN COLONLY 4-H	Marcie Skelton, 526-5403 marcieskelton@sbcglobal.net
LOS MOLINOS 4-H	Anne Junge, 592-7887 annehopson74@hotmail.com
MANTON 4-H	Judy Ramos, 474-5541
OLIVE 4-H	Marsha Wilson, 781-3392
WESTSIDE 4-H	Bozsi Parks, 529-2984 etparks7@gmail.com

4-H Project Meetings

NO IN-DOOR MEETINGS ARE ALLOWED AT THIS TIME.



All meetings must take place outdoors with 10 or less people in attendance adhering to the social distancing and wearing face coverings. The State 4-H Office has published a good website that has some fun, practical project suggestions that would allow you to pivot from web-based meetings to in person meetings easily.

Check Out These Resources:

https://ucanr.edu/sites/UC4-HResources/Virtual_Projects/Practical_Examples/

Leader Reminders

To be an approved volunteer Leader...you must complete the following before participating in any 4-H activities:

- Enroll and pay \$35 enrollment fee to your club
- **Online trainings / Orientation**
- New leaders need to also complete DOJ Fingerprinting

Club Leaders ...if you have not already turned in your club documents for this year, please do so immediately to be in an active club status:

- 20-21 Club Planning Guide
- Project & Leader Info Sheet
- Club Officer Sheet
- Outreach Methods Documentation Form
- Club Meeting Info Sheet: Dates & Contacts

Newsletter Articles

Please send us information and photos on what your club or projects are doing! Its always fun to see what is happening in our 4-H world!

The deadline for submitting your articles and photos to be included in the "May newsletter" is April 15th.



If you would like to submit your favorite recipe to feature in our monthly newsletters please email to the 4-H office, along with why you enjoy this recipe so much! Please email your submissions to either:

Erin Paradis: ecparadis@ucanr.edu
Cindy McClain: clmcclain@ucanr.edu
Jessica Oylear: jmoylear@ucdavis.edu





Club Reports



Bowman Club Report...by *Aiden Flood, Reporter*

Thank you and congratulations to all 4-Hers that participated in the virtual Livestock judging and oral reasons. Everyone did a great job! It was a fun and unique experience and we are thankful for those that participated with us. We at Bowman want to thank everyone that put on the Livestock Show...it was well ran and lots of FUN! Congrats to everyone! So much was learned at that event! We collected books for our monthly community service and they were put to good use at the Evergreen virtual Bingo event and kids were able to take home books! Yay! For April we will be collecting can foods to help families in the community. Our next meeting will be a virtual meeting on April, 6, 2021 at 6:30pm, watch your emails for all the details! Keep up the great work 4-Hers!



Lassen Colony Club Report...by *Alyssa Dausse, Reporter*

Members of Lassen Colony 4-H have been working hard getting ready for both Fair and hosting Fashion Revue. We are excited to have members show at the recent County Livestock Show - it was a lot of fun! We are working hard to be creative in our projects and find ways to still be together. It's hard but we are making it work. We hope that everyone is doing well and can't wait to see you at the next event!



Antelope Club Report...by *Wylder Ruiru, Reporter*

The Antelope 4-H Club met on March 14, 2021. We elected three new officers. Our new President is Catlyn Mackey, our Vice President is Jaycee Pray, and our new Historian is Luke Dodd.. Our Community Service Project was Coins for a Cause. We raised \$204.57 for an Antelope Elementary School student who was recently diagnosed with leukemia. Some of our primary members also shared their spring crafts and reported about planting carrots and squash at their last meeting .Our April Community Service Project will be DVDs for Veterans.





Meet this month's 4-H Chefs



Try these Delicious, and Simple Recipes from our 4-H Family Recipe Collections

Looking for a new recipe to try? You can't go wrong with our 4-H members favorite recipes and Favorite Foods Day entries. Be sure to give these recipes below a try!



BBQ Pulled Chicken Sandwiches

Submitted by Max Merlo of Los Molinos 4-H

- 6 Boneless Skinless Chicken Breasts
- 1 Cup Chicken Broth
- 1 Bottle of your favorite BBQ sauce
- 12 Hamburger Buns



Season the chicken breasts with salt and pepper. Place in the electric pressure cooker (I use an instant pot). Add 1 cup of chicken broth. Put the lid on the instant pot, turn the valve to "seal," and set to pressure cook 20 minutes. Allow the pressure to naturally release for 10 minutes, then turn the valve to release the remaining pressure until the pin drops. Carefully remove the lid. Pour out the liquid and shred the chicken. I use a hand mixer to do this quickly! Pour in an entire bottle of BBQ sauce and mix. Serve on buns and enjoy!

4-H Kitchen



Grandma Mimi's Famous Apple Pie

Submitted by Isabella Laugesen of Bend Jelly 4-H

- Buttermilk pastry
- 2/3 cup sugar
- 1/4 cup flour
- 1/2 tsp cinnamon
- 1/2 tsp nutmeg
- Dash salt
- 8 cup thin sliced tart medium apples
- 2 tbs butter



Oven to 425*, mix ingredients in large bowl, pastry to pie plate, ingredients to pie plate, cover edge of pastry with foil, bake for 45 minutes.





Happy Birthday to our 4-H Members

March

Alejandro Martinez
Aubrey Iwen
Avery Westlake
Brooklynn Barone
Cade Woelfel
Caleb Merkley
Cash Parker
Frankie Ferreira
Gabe Long
Haruki Kamogawa
Hayley Powell
Iylee Armstrong
Jacen Edwards
Jaylee Nisbet
Kaci Elder
Karson Fox
Landon Estrada
Liana Paul
Macey Grissom
Makayla Lodin
Marcelo Vargas
Masie Skelton
Miley DeSmet
Slade Templeton
Stephanie Powell
Tucker Hill
Wylder Ruiru

April






Alexis Ocampo
Antoni Danielsen
Barrett Byrne
Bella Shipley
Brayden Sites
Bree Flournoy
Camren Valentine
Hayley Byrd
Jase Rulon
Katie Thomas
Lily Novak
Max Merlo
Natalee Ross
Nathanael Thomas
Quentin Azevedo
Rylie McGuinness
Sadie Barone



Countywide Projects



4-H Projects typically begin at the club level however, if there are no volunteers leading such projects, the option to open a popular project to the county level allows others to interact and meet members from other clubs who have similar interests. Countywide 4-H projects are available to any active Tehama County 4-H member. These projects have their own schedules and meeting dates and it is up to the member to keep informed as they do not meet at monthly club meetings. Countywide 4-H projects must be approved annually by our county 4-H Program Educator upon completion of a Countywide Project Info Sheet on file with the UCCE Tehama County 4-H Office. Interested in starting or continuing a Countywide 4-H Project? Request a Countywide Project Info Sheet by emailing ecparadis@ucanr.edu.

PROJECT	MEETING INFORMATION	LEADER INFO	PHONE/EMAIL
Archery 	Project meetings hope to start in 2021 Please contact Project Leaders for more information.	Jesse Sisneros Kevin Ross	526-1397 jsisneros49@gmail.com 945-2727 krossfamily5@gmail.com
Dog 	Contact Leader for more information	Cathleen Cahill	526-3807 cathleen.cahill@gmail.com
Equine 	Contact Leader for more information	Kathy Zablan	917-9932
Pygmy Goat 	Project meetings to start soon. Please contact Project Leaders for more information.	Tammi Josephson Christine Flood	515-5877 PygmysbyTJ@yahoo.com 949-8433 christineflood4@yahoo.com
Rabbits 	Contact Leader for more information.	Anne Junge	530-592-7887 annehopson74@hotmail.com
Shooting Sports 	Check Tehama Shooters Association website for calendar of events	Jim Huntsman Kevin Rosser	200-5535 huntsmanj@sbcglobal.net 360-2420 krosser@att.net
Bird Watching 	This is a remote, at home learning project. Contact the 4-H office for more information.	4-H Office : Cindy McClain & Erin Paradis	527-3101 clmclain@ucanr.edu ecparadis@ucanr.edu

4-H Updates

Equine Project update!



Here are a couple photos from the Countywide Equine project, this last week, the week of March 1st, we had Justin Jones from Performance Horses come and teach the kids about Horse showmanship we had an arena full of kids and horses, great opportunity for all.

Photos sent in by Debby. Also here is Debby's Favorite Broccoli Salad recipe that was handed down to her by a lovely lady she attended church with years ago:

- 4 bunches of broccoli cut in small bite size pieces.
- 1 cup raisins
- 1 package cooked bacon crumbled
- 6 tablespoons white vinegar
- 6 tablespoons sugar
- 1 tsp salt
- 1/2 teaspoon pepper
- 3/4 cup mayonnaise
- 3 Tablespoons sunflower seeds

Dissolve vinegar and sugar over medium heat, add salt and pepper, cool, after it cools add mayonnaise to the vinegar sugar mixture, pour over cut up broccoli, add sunflower seeds and crumbled bacon then chill again in refrigerator.



CALENDAR

In The Clover 4-H Newsletter



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April

20 Leader Council, 6:30PM by ZOOM
4/29-5/2 Tehama District Fair

*UCCE 4-H Office, 1754 Walnut Street, Red Bluff
** TC Dept of Education, 1135 Lincoln Street, Red Bluff
***County Holiday-Office Closed

May

4/29-5/2 Tehama District Fair
21 Leader Council
31 Memorial Day ***



Full color articles and photos are available on our Website: cetehama.ucanr.edu

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