

Dear 4-H Families,

As the outbreak of the coronavirus disease (COVID-19) continues to draw attention and concern, we felt it was important to reach out to our 4-H community. We have been receiving an increasing number of inquiries over the past couple of days about whether to move forward with 4-H meetings and events. Currently the State 4-H Office has not placed any restrictions on the delivery of county-based activities. Locally we are following the guidance of our county health departments. Shasta, Tehama and Trinity counties are all considered low risk at this time and do not have any recommendations in place aside from those released by California Department of Public Health (CDPH).

The CDPH recommendations are:

- Large gatherings that include 250 people or more should be postponed or canceled.
- Smaller gatherings held in venues that do not allow social distancing of six feet per person should be postponed or canceled.
- Gatherings of individuals who are at higher risk for severe illness from COVID-19 should be limited to no more than 10 people.

Most of our activities will likely involve fewer than 250 people and will consist primarily of individuals who are not included in the high-risk category. Clubs and projects may continue to meet, but we ask that you take extra care to implement disease transmission prevention strategies, as well as social distancing practices. We also acknowledge that some units may opt to cancel or postpone meetings through March.

We ask that everyone use their best judgment in deciding whether to attend meetings and/or events. If you show any signs of illness, we encourage you to remain home, both for your safety and the safety of others. Likewise, should you feel unsafe or uncomfortable with the prospect of attending, we encourage you to remain home.

Thank you for your patience and understanding. We will continue to keep everyone updated as the situation progresses. Please take care of yourself and those around you and don't hesitate to reach out with any questions or concerns.

Warmest Regards,

Nate W. Caeton
4-H Youth Development Advisor
Shasta, Tehama, and Trinity Counties

Additional Resources:

- [ANR Environmental Health & Safety](#)
- [Centers for Disease Control and Prevention](#)
- [California Department of Public Health](#)
- [World Health Organization](#)